



ALMOND, COCONUT, OAT, 2%, 10%

## HOT DRINKS

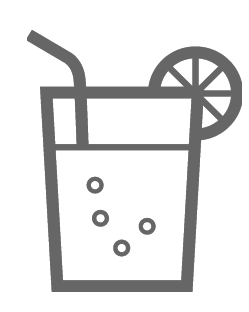
	SINGLE	DOUBLE
ESPRESSO / MACCHIATO	4	5.5
	SMALL	LARGE
BREWED COFFEE	3.5	4
AMERICANO (DECAF AVAILABLE)	4	4.5
MCT COFFEE	6	6.5
CAFFÉ LATTE	6	6.5
CAPPUCCINO	6	6.5
MOCHA LATTE	6	6.5
LOOSE LEAF TEAS	4	4.5
DANDY BLEND COFFEE	6	6.5
TURMERIC LATTE	6	6.5
GREEN TEA MATCHA LATTE	6	6.5
CHAI LATTE	6	6.5
CHAGA HOT CHOCOLATE	6	6.5
CITRUS CLEANSE	6	6.5
HIBISCUS PUNCH	6	6.5

## COLD PRESS JUICES (410 ml)

SUNSHINE	Lemon, orange, ginger, carrot.	12.5
BE ACTIVE	Pear, beet, apple, ginger, lemon.	12.5
BE GREEN	Bok chop, spinach, kale, parsley, cucumber, aloe vera, lemon.	12.5
ORANGE		10

## BOOSTERS (120ml) 7

WHEATGRASS  
LEMON, GINGER & TURMERIC  
E3 LIVE



## COLD DRINKS

	SMALL	LARGE
ICED CAFFÉ LATTE	6	6.5
ICED MOCHA LATTE	6	6.5
ICED MATCHA LATTE	6	6.5
ICED TURMERIC LATTE	6	6.5
ICED CHAI LATTE	6	6.5
HOMEMADE ICED TEA	5	5.5
HOMEMADE LEMONADE	5	5.5

## SMOOTHIES

SMALL	LARGE
11	11.5

CROWN AWARE	Acai, dragon fruit, banana, plant based protein, coconut milk. Blue majic, bananas, strawberries, mct oil, plant based protein, oat milk.
CLARITY	Blue majic, banana, plant based protein, vanilla, hemp seed oil, almond milk.
LOVE	Avocado, spinach, spirulina, maple syrup, plant based protein, cacao, almond milk.
POWER SACRED	Passion fruit, mango, vanilla, coconut milk.
ROOT	Pineapple, banana, passion fruit, strawberries, coconut milk.
IRONBOOST	Pitaya, pineapple, acai, lemon, strawberries.
RECOVERY	Broccoli, mango, pineapple, banana, spinach, orange.
PACHAMAMA	Almond butter, raw cacao, banana, maple syrup, plant based protein.
	Almond butter, banana, vanilla maple syrup, chaga, salt.

### \*\*ADD TO YOUR SMOOTHIE

MACA POWDER	2	ASHWAGANDHA	2
MORINGA POWDER	2	HEMP SEED OIL	2
MCT OIL	2	SPIRULINA	2
CAMU CAMU	2	BLUE MAJIC	2
BEE POLEN	2	PLANT PROTEIN	3