

SOUP OF THE DAY

SERVED WITH SPROUTED GRAINS BREAD
(**GLUTEN FREE BREAD AVAILABLE)

11



ALL OUR SOUPS ARE
VEGAN & GLUTEN FREE

APPETIZER

NACHOS 20
Blue corn chips topped with soy chorizo, tomatoes, black beans, jalapeños and cheddar cheese. Served with a sofrito sauce, vegan sour cream and guacamole.

GUACAMOLE & CHIPS 18
Avocado, onions, garlic, jalapeños, tomatoes, lime and cilantro. Served with blue corn chips.

SALADS

COCONUT CAESAR 16
Romaine, smoked coconut bacon, BBQ tempeh, croutons, vegan parmesan. Drizzled with tahini & coconut caesar dressing.

ALKALINE 16
Baby arugula, baby kale, sweet potato, spicy almonds and avocado. Drizzled with lemon spirulina dressing.

+3 | **ADD EXTRA PROTEIN**
TEMPEH, TOFU OR HARD BOILED EGG

BREAKFAST

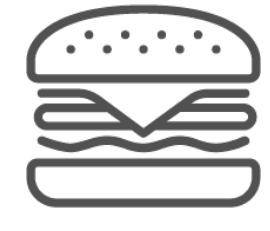
SERVED ALL DAY
***SUB VEGAN CHEESE FOR CHEDDAR CHEESE
***SUB TOFU FOR SCRAMBLED EGGS

AWAKE SMOOTHIE BOWL 14
Smoothie blend with banana, orange, passion fruit, pineapple, and coconut milk. Topped with banana, coconut, granola, mint and seasonal fruits.

AMIGO WRAP 15
Whole wheat chia wrap stuffed with scrambled egg, baby spinach, avocado, cheddar cheese, soy chorizo, black beans and sofrito sauce.

ENERGY BREAKFAST 17
Scrambled egg with soy chorizo. Served with a house salad, lemon-EVO oil, cheddar cheese, guacamole and 3 corn tortillas.

BURGER



MEXI-KETO BURGER 17
Black bean patty with caramelized onions, sautéed mushrooms, tomato, toreado jalapeño, romaine, vegan chipotle mayo, blue corn chips and guacamole.***Contains nuts.

***ADD-ONS

CHIPOTLE MAYO	2	MUSHROOMS	2
JALAPEÑOS	2	BLACK BEANS	2
GUACAMOLE	3	CHICKPEAS	2
SWEET POTATOES	3	AVOCADO	3
SAUSAGE OR TEMPEH	3	VEGAN CHEESE	3
CHEDDAR	3	RAW ALMOND HUMMUS	3
		EGG/TOFU	3

ALLERGY WARNING..PLEASE BE ADVISED THAT THE FOOD PREPARED IN OUR KITCHEN CONTAINS AND/OR MAY HAVE COME IN CONTACT WITH COMMON ALLERGENS SUCH AS: PEANUTS, TREE NUTS, SOY, DAIRY, ETC.

THRIVEBOWLS

WITH BROWN RICE OR GREENS

+1 | **UPGRADE**
ZUCCHINI NOODLES OR QUINOA
+3 | **ADD EXTRA PROTEIN**
TEMPEH, TOFU OR HARD BOILED EGG



HERCULES 22
Raw almond hummus, arugula, cucumbers, tomatoes, onions, grilled tofu, avocado, hemp hearts and black sesame seeds. Drizzled with a chili oil.

SAMURAI 22
Pickled cabbage, carrots, mango, pickled ginger, cilantro, peanuts, grilled tofu, arugula, seaweed and avocado. Drizzled with a tamari-sesame dressing.

MAYAN BOWL 22
Corn, tomatoes, chickpeas, broccoli, avocado, vegan sour cream, blue corn chips, bbq tofu, pickled cabbage, carrots, cilantro, black sesame seeds and chili oil.

POWER BOWL 22
Arugula, kale, carrots, pickled cabbage, chick peas, BBQ tempeh, sweet potatoes and avocado. Drizzled with a lemon-EVO oil.

WRAPS

+1 | **RAW WRAP**
VEGAN, GLUTEN FREE



BURRITO 15
Whole wheat chia wrap stuffed with guacamole, black beans, brown rice, sweet potatoes, spinach and vegan chipotle-mayo.

ADOBO 15
Whole wheat chia wrap stuffed with adobo jack fruit, avocado, romaine, onions, tomatoes and caesar dressing.

TORTILLAS DISHES

***SUB VEGAN CHEESE FOR CHEDDAR CHEESE

CHORIZO TACOS (3 PCS) 18
Soy chorizo, potatoes & onions, topped with arugula and guacamole on a soft corn tortillas. Served with a side of green sauce.

JACK FRUIT TACOS (3 PCS) 18
Adobo jack fruit topped with avocado, cabbage on a soft corn tortillas. Served with a sofrito sauce.

ENCHILADAS SUIZAS (4 PCS) 20
Rolled corn tortillas, stuffed with jack fruit, immersed in a delicious home made green sauce, gratin with organic cheddar cheese, topped with a vegan sour cream, onions and avocado.

MUSHROOMS QUESADILLA 19
Sautéed mushrooms mix, spinach and cheddar cheese on a whole wheat chia wrap. Served with a side of guacamole.

SQUASH QUESADILLA 19
Butternut squash, spinach, vegan chipotle-mayo and cheddar cheese on a whole wheat chia wrap. Served with a side of sofrito sauce.

SPROUTED PIZZAS

***SUB VEGAN CHEESE FOR CHEDDAR CHEESE

MEXICAN 21
Homemade tomato sauce topped with Mexican black beans, cheddar cheese, red onions, soy chorizo, jalapeños and avocado.

BELLA 21
Kale & sunflower pesto, eggplant, roasted red peppers, black olives and avocado.

AL PASTOR 21
Homemade tomato sauce topped with cheddar cheese, pineapple, onions, cilantro and soy chorizo.

+7 | **MAKE IT A COMBO**
(SMALL SALAD, YAMS OR SOUP)

Gluten Free